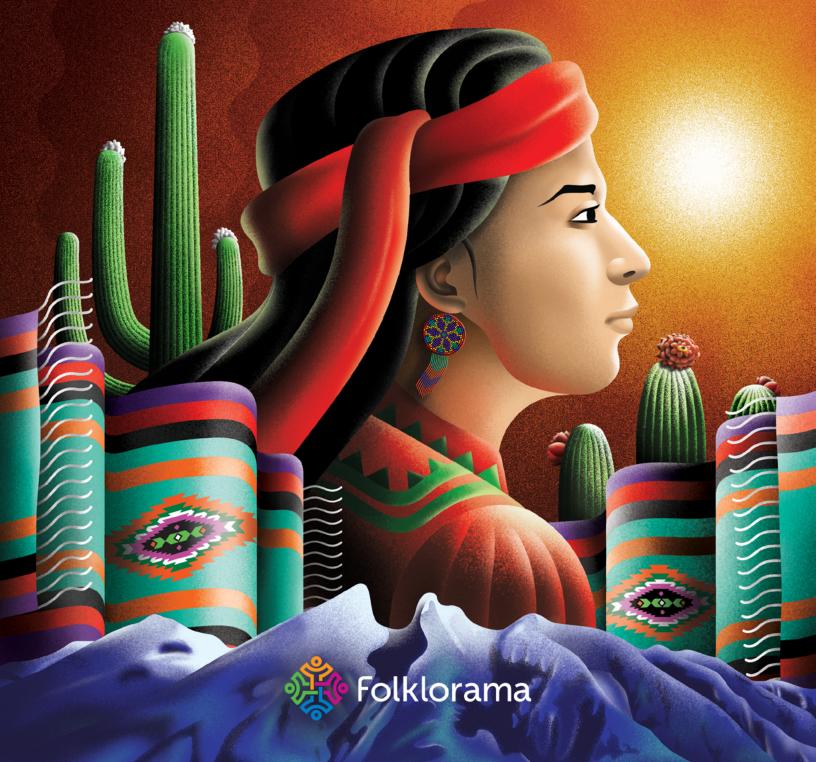


EXICAN ST. NORBERT COMMUNITY CENTRE 3450 PEMBINA HWY. PAVILON WINNIPEG, MANITOBA CANADA VIVA EL NORTE AUGUST 6-12, 2023

www.mexycanmb.ca





BALLET FOLKLÓRICO DE LA ESCUELA NORMAL SUPERIOR DEL ESTADO DE COAHUILA











MEXICAN PAVILION VIVA EL NORTE AUGUST 6-12, 2023

ST. NORBERT **COMMUNITY CENTRE** 3450 PEMBINA HWY.

WINNIPEG, MANITOBA CANADA

Aline Tezucano

Adriana Zagrodnik

Wendy Hernández





MEX Y CAN PRESIDENT'S MESSAGE

Bienvenido, Welcome, Bienvenue to the Mexican Pavilion

The Mex Y Can Association of Manitoba Inc. is pleased to welcome you to our 2023 Mexican Pavilion: "Viva El Norte". This year's pavilion is a celebration full of culture, color and joy to commemorate Mex Y Can's 20th Anniversary. We have prepared, just for you, a show with amazing dancers from Coahuila, Mexico.

Make sure to enjoy the cultural experience, music, food, drinks, late night parties and the special mementos available in our marketplace. A big thank you to each one of our Coordinators and volunteers who make this event come true. ¡Muchas Gracias Amigos!

Aline Tezcucano

President

Mex Y Can Association of Manitoba Inc.

PAVILION COORDINATORS' MESSAGE

We are thrilled to invite you to discover the rich culture from Northern Mexico. Our pavilion will feature three states: Chihuahua, Coahuila and Nuevo Leon.

The polkas, redovas, mazurkas, schottische, the waltz, and the corrido are still big favorites in Northern Mexico, even one hundred years after their introduction into Mexico. Come enjoy some of these performances by the international Folkloric Group "ENSE Tradiciones" and their great show! They boast a proud history that tells about the joys and sorrows of "norteños".

Did you know that Sotol is a distillate made from a type of shrub, commonly called desert spoon? That's in contrast to Tequila and mezcal, crafted from agave. On this occasion, you will get a chance to sample both during the Pavilion!

Thank you to all our volunteers and sponsors for supporting our Pavilion. This is our chance to bring to Manitoba a unique experience that will transport you to Mexico!

Adriana Zagrodnik

Pavilion Coordinator

Wendy Hernandez, Zoila Teles, Aline Tezcucano

Pavilion Co-Coordinators

Pamela Salas

Pavilion Coordinator in Training





Follow Mex Y Can on Facebook and Instagram www.mexycanmb.ca

MEXICAN PAVILION AMBASSADORS 2023















MENU

MAINS

Pollo Platter \$13

Chilaquiles \$10

Crisp tortillas tossed

in green tomatillo

sauce served with shredded chicken or pork, topped with cream and cheese.

Slow cooked chicken seasoned with flavourful Mexican condiments, plated with a side of Mexican style rice, salad and tortilla chips.

Carnitas Platter \$12

Slow cooked pork seasoned with flavourful Mexican condiments, plated with a side of Mexican style rice, salad and tortilla chips.

Cheese Nachos \$7

Tortilla chips topped with cheese and pickled jalapeños.

Lonche

\$11

Mexican sandwich served on a "bolillo" (Mexican roll) filled with slow cooked pork and various toppings such as ancho and chipotle mayo, cream, lettuce and pickled jalapenos.



DESSERTS

Meringues

Colorful bite size meringues made of beaten egg whites and sugar with a hint of lime, baked until crisp.

Pastisetas

Butter cookies with a touch of strawberry jelly.

DRINKS

Non-Alcoholic

Imported Soft Drink \$ 4.00 Bottled Water \$ 2.50 Pepsi Products \$ 2.50

Alcoholic

Imported Beer, Margarita, Tequila, Sotol

Domestic Beer, Rye, Vodka







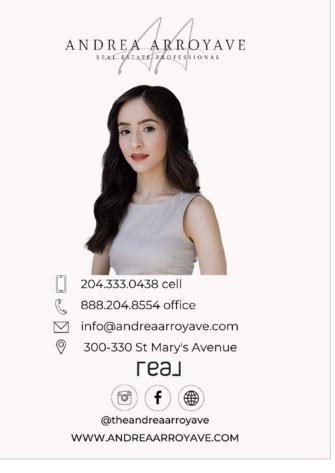












Norma Lilia Reséndiz López













ABOUT THE MEXICAN PAVILION PERFORMERS

FOLKLORIC GROUP ENSE TRADICIONES

The Folkloric Group "ENSE Tradiciones" from the "Escuela Normal Superior del Estado de Coahuila" in Mexico will be on stage at the Mexican Pavilion – Viva El Norte 2023. ENSE Tradiciones was founded in 1989, under the artistic direction of **Norma Lilia Reséndiz López,** whose vision was to enrich the awareness of Mexican culture and heritage.

ENSE Tradiciones has created a niche in the world of dance as a premier Mexican Folkloric dance group, with its vibrant dance and musical performances. To date, the group has participated in several national and international festivals where thanks to its show, full of color and joy, has raised the profile of Mexico in the world of folk dance.

Countries they have performed in outside of Mexico include: USA, Italy, Brazil, Luxemburg, Poland, Greece, Germany, Colombia, Peru, France, Spain and Portugal. Canada, you are in for a treat at the Mexican Pavilion!

DUO DORADO

Amy Armstrong and Fernando Gonzalez from Duo Dorado have been performing for six years internationally. Their love of music brings two countries together, singing in both Spanish and English. After selling out most every show during their winter residency in Puerto Vallarta, 'Diva Loca,' Amy Armstrong's unique, rich, natural, projective voice is an affirmation that true vocal talent still exists! Her dynamic personality, comedic wit, and soulful voice, complemented by Fernando Gonzalez's rich voice and unique musical adaptations, kept fans coming back. They will be performing at a unique occasion at the Pavilion, traveling all the way from Mexico.

LATE NIGHT PARTIES

DJ LEO SALSERO AND DJ CHILANGO

We are delighted to have **DJ Leo Salsero** and **DJ Chilango** hosting all our late night parties on Sunday August 6, Friday August 11 and Saturday August 12. Leo founded **Salsa Explosion Dance Company** and became one of Winnipeg's largest Salsa promoters. He has been teaching salsa and bachata for the past 15 years. Both DJ's host the popular Salsa Sundays during the summer in Winnipeg.

SON D'ARRANKE

Son D'Arranke is a Canadian act based in Winnipeg, MB currently promoting their first batch of original songs. They aim at making people dance and experience the whole variety of Latin rhythms in an entirely new fashion. Their musical approach is to innovate while paying homage to tradition. You will hear the most authentic Afro-Latin rhythms in their set merge with modern synths, pop sounds, and powerful original lyrics. They will be performing at our **Saturday August 12** late night party.







Authentic meals depend on authentic ingredients. Our corn tortillas are exactly what you would find in the heart of Mexico.



Light & Easy Snacking

Our ultra-thin chips give you a light, easy snacking experience with an optimal balance of flavour in every bite. We also have a thick-cut variety for those that like to go heavy on the dip.

High-Quality Ingredients, Canadian Manufacturing

Our beloved family recipes and proprietary processes utilize only the best ingredients to produce our gluten-free, Mexican food products.

The Heart of the Home

La Cocina is Spanish for the kitchen, and that's where it all starts. Food has a way of unifying people, overcoming barriers, and creating the opportunity to develop relationships.

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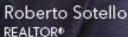
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